



P.E.T.L. HEALTH MATTERS



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Fall 2007

For Your Information

Claims Deadline for 2006/07 Benefit Year

August 31st is the last day to incur claims to be covered in the 2006/07 benefit year (September 1, 2006 to August 31, 2007). All claim forms and receipts from the 2006/07 benefits year **must be received by Great-West Life no later than November 30, 2007** in order to be eligible for reimbursement.



HPV Vaccinations:

The HPV vaccine is covered under the PETL Benefits Plan. If you have a female dependent that is not eligible to receive the vaccination through the provincially sponsored in-school HPV vaccination program and would like more information about coverage, please contact Great-West Life. For more information regarding HPV, visit Health Canada's website **It's Your Health** at:



http://www.hc-sc.gc.ca/iyh-vsv/diseases-maladies/hpv-vph_e.html

Important Reminders

Changes to Payroll Deductions for Premiums:

Effective September 1, 2007, premium deductions for PETL benefits for part-time members and members on non-statutory leaves are pro-rated based on the following rates:

	Single	Family
Extended Health Care	\$102.20	\$308.80
Dental Care	\$69.72	\$183.82



A member working as a 0.5 teacher would therefore pay 50% of the above premium(s) if he/she chooses to maintain his/her benefits. A 0.2 teacher would pay 80% of the above premium(s).

Overage Dependent Coverage:

As indicated in the June letter sent to members with overage dependents, members must complete an overage dependent form and send it to D&R Insurance by September 30th each year that their child is attending an accredited secondary or post-secondary institution. If the form is not received by D&R Insurance by September 30th, coverage for the overage dependent is suspended until the information is received.



Predeterminations:

It is recommended that **before incurring any large cost associated with health, dental or vision care**, members seek a predetermination to confirm the portion, if any, for which they will be reimbursed. The health care practitioner or service provider (dentist, orthopedic shoe producer, etc.) can submit an estimate, outlining the work or service required to GWL or can provide you with the estimate to submit to GWL.. GWL will respond with written confirmation of any portion that they will reimburse. Retain all predeterminations for your records.



Lifestyle Changes:

It is the responsibility of a member to contact D&R Insurance within 31 days of a lifestyle change (e.g. birth of a child; marriage; increase from part-time to full-time; return from any type of leave). This ensures accurate benefits coverage.



For information about the PETL Benefits Plan, contact D&R Insurance:

905-819-9699 ext. 229 Email: petl@drinsurance.ca (Fax: 905-819-9956)

For information about a specific claim or pre-determination for services, contact GWL:

Great-West Call Centre at 1-800-263-5742

For LTD policy questions, contact OTIP:

Eric Wilson at 1-866-486-6847

For information about retirement and leaves of absence, contact the PETL office:

Anne Lorimer at 905-564-7233 Email: anne@etfopeel.com

Past issues of Health Matters can be viewed on the Local's website at www.etfopeel.com.

Questions about Health Matters can be directed to Suzanne Gill at vicepresidentc@etfopeel.com.



Responsible usage of benefits ensures sustainability of our plan.



MEMBERS WANTED TO KNOW... Where Do I Go to Get Help?



This issue of Health Matters lists resources for members and their families seeking assistance with cancer diagnoses, mental health issues, and medical leaves.

1. Are you or a family member currently being investigated for a cancer diagnosis?



the cancer assistance program
CAREpath inc. ■ EVERY STEP OF THE WAY

Did you know CAREpath is a new and innovative service, now available to **OTIP members and their families?** In the event of a newly diagnosed cancer or a recurrence of a previously treated cancer, CAREpath assists you and your family in ensuring the very best cancer-related treatment and support.

To speak with a CAREpath nurse, please call **1-800-290-5106**, or e-mail info@carepath.ca with any questions. In order to verify your eligibility, you will need your OTIP LTD Policy and Division number. Your steward will be distributing to each member a copy of a CAREpath card, listing the policy number. For more information, visit: <http://www.carepath.ca/otip1.htm>

This month the Local is providing (to each location) a copy of the Canadian Cancer Society resource booklet, "When Someone You Love has Cancer". If you are interested, please ask your Workplace Steward about this book.

2. Where can I find information about Mental Health issues?



In the fast paced world we all live in, mental health concerns are impacting our families and friends with increasing frequency. Statistics from our Long Term Disability provider, the Ontario Teachers' Insurance Plan (OTIP), indicate that the leading cause of disability is currently mental/nervous disorders.

Accessing Mental Health Services for those we care about can be challenging. To assist with this the Centre for Addiction and Mental Health (CAMH) has developed a guide called "Challenges and Choices: Finding Mental Health Services in Ontario", to help navigate through the system. You can access this booklet using the following internet address:

http://www.camh.net/Care_Treatment/Resources_clients_families_friends/Challenges_and_Choices/index.html

3. Why should I call my Local when I am away from work?

When you are absent from work due to illness you need to call the PAM system. Sometimes with limited energy, making more calls seems like too much of a chore. It is important, however, to be in touch with the Local office if you are going to be absent for more than 15 consecutive days. Here are just some of the reasons why:

- The Local can advise you of the appropriate submission of medical information to the Board;
- The Local can advise you regarding your sick leave and benefits, especially for teachers with less than 100 sick days;
- The Local can assist you in planning and understanding how sick leave, employment insurance, disability benefits, and LTD are integrated;
- The Local can engage the OTIP Early Intervention service;
- The Local can assist you to link with other supports that you may require early in your absence.



For more information, contact Anne Lorimer, PETL Member Services Manager, at 905-564-7233.